



Community Resource Guide

2630 Market Street NE * Salem, OR 97301
www.hopepregnancyclinic.org
503-364-2464



@hopepregnancyclinic

ABUSE SUPPORT

Center for Hope and Safety

503-399-7722 hotline/503-378-1572 main office
795 Winter St NE; www.hopeandsafety.org

Liberty House

503-540-0288; libertyhousecenter.org
2685 45th St NE

ALCOHOL AND DRUG

Ala teen/AI- non

503-399-0599, 503.899.2652; www.aa-salem.com
(information line, they will call you back)

Bridgeway

503-363-2021; 3325 Harold Drive NE; www.bridgewayrecovery.com
Adolescent assessment, one/both parents MUST attend

Ideal Option

877-522-1275; 863 Liberty St NE;
<https://www.idealoption.com/suboxone-clinics/salem>
Outpatient addiction medicine clinic, evidence-based treatment

Moms Program

503-485-3221; 2995 Ryan Drive SE; PeerPrograms@mvipa.org
Peer Mentor Program, provides support and resources for pregnant women who struggle with substance use disorders in Marion/Polk Co.

Marion County Health Department (MCHHS)

503-576-4660; 2045 Silvertown Rd NE, Suite A, Salem; www.co.marion.or.us/HLT/Pages/AandD.aspx
Adult treatment services, medication assisted treatment services, mentor services.

New Steps Behavioral Health

503-364-9957; 3737 Portland Rd NE
Outpatient, alcohol and drug treatment for youth

Pacific Northwest Adult & Teen Challenge

877-302-7149 Intake hotline

Soaring Heights Recovery Homes

971-719-4963 call or text; www.soaringheightsrecoverhomes.com
eric@soaringheights.life

The Most Excellent Way

503-588-0403;
Salem Heights Church Mondays 7 pm; 375 Madrona Ave S.
West Salem Baptist Church Tuesdays 7 pm; 1373 8th St NW
Addiction recovery support

24/7 Addiction Hotline

1-866-312-4647; www.addictions.com/rehabs/oregon/salem
Need help choosing the best rehab center in your area?

BABY/FAMILY

Birth Right of Salem

503-585-2273; 1880 Lancaster DR NE, Suite #124; birthrightofsalem.org

Diapers, maternity and baby clothing, free preg. test.

Childcare Resource and Referral

503-585-2491; 2475 Center Street NE; mwvcaa.org/programs/ccrr/

Childcare resources for Marion, Polk and Yamhill counties

Family Building Blocks

503-566-2132; 2425 Lancaster Drive NE; familybuildingblocks.org

For families with children 6 weeks-5 years old, respite care, early childhood education, clothes, food pantry, and family support

Family Connects Oregon (Marion/Polk Counties)

503-967-1188; 503-373-3781

parentinghub.org; familyconnectsoregon.org

Marion County WIC program

503-588-5057; 3180 Center Street NE Suite #1360

www.co.marion.or.us/HLT/PH/WIC

Women, Infants and Children Nutrition Program

MCHHS Early Childhood Nursing

503-373-3781; 3180 Center St NE, Suite 1360

Free home visiting for parenting, pregnancy, nutrition, safety and child development

Michael the Archangel

503-581-2229; 1725 Capitol Street NE; mtasalem.org

Support services for mother and child, diapers, formula, baby food, free pregnancy tests

St. Germaine

503-363-2525; 3857 Wolverine Street NE Suite 2C; stgermaines.org

Diapers and baby needs, clothes, counseling and pregnancy support, free pregnancy tests

Options Pregnancy Center

541-924-0160; 1800 16th Ave SE Albany, OR 97322

EDUCATION

Roberts High School

503-399-5550; 3620 State Street SE Salem

Alternative Education to complete high school diploma, provides smaller learning environment, behavioral support,

Roberts Downtown Learning CTR (DTLC)

503-399-3421; 360 Commercial St NE Salem

Support & services to earn a GED for students ages 16-21

Roberts High School Teen Parent Program - 503-399-3105

Winema High School Completion - 503-365-4705

4071 Winema Place NE Bldg #50

Smaller learning environment for teen parent/pregnancy. Structured classes offered during the day & evening to complete HS diploma

Chemeketa GED

503-399-5224; 4000 Lancaster Drive NE Salem

GED preparation classes. Must be at least 18 years old

Chemeketa High School Equivalency Program

503-589-7725; Program to assist migrant youth obtain GED certificate

Students in Transition Educational Program

503-391-4060; 1309 Ferry Street SE Salem

Assists homeless youth with school attendance, transportation, supplies, educational advocacy

EMERGENCY ASSISTANCE (CRISIS)

NW Human Services Crisis and Information Hotline

503-581-5535

Mid Valley Women's Crisis Hotline

1-866-399-7722

Human Trafficking Hotline

1-888-373-7888 or text BE FREE (233733)

National Runaway Safeline

1-800-RUNAWAY; 24 hour crisis hotline and free transportation home

Youth America Hotline

1-877-968-8454; Teens helping teens, 24 hour hotline

FOOD/CLOTHING

Salem Adventist Community Service

503-363-8893; 1860 summer Street NE

Free clothing, diapers, food boxes and household items.

HOME Youth and Resource Center

503-391-6428; 625 Union St

Lunch, dinner, food pantry, clothes.

Helping Hands

503-364-9936; 1755 13th Street SE

Free clothing, diapers, bus passes, financial assistance, employment/interview clothes by appt.

FOOD/CLOTHING CONT'D

Salvation Army

503-585-6688; 1977 Front Street
Emergency food boxes, financial assist for rent & utilities.

Family Life Church

503-364-0002; 1675 Wallace Road
Wednesdays 8:30 am to noon

St. Vincent de Paul

503-364-5672; 3745 Portland Rd NE; svdpsalem.org
Food boxes, rent and utility assistance (last \$50), limited clothing & furniture, sack lunches.

HOUSING

The ARCHES Project

503-399-9080; 1164 Madison Street N.E. Salem; www.mwvcaa.org
Support services, case management, housing and rental assistance, tenant education for homeless individual and families

Catholic Community Center Court Commons

(503) 362-2225; 2933 Center St, Salem
Supportive apartment housing to help youth ages 16-23 gain life skills and transition toward independence. Priority for youth aged out of foster care

Catholic Community Father Taafe Homes

503-390-2600 main office; 3737 Portland Rd NE Salem
13-20 year old pregnant or parenting youth.

City of Salem HUD Apartments

503-588-6368
Call for information, subsidized apartments, contact each complex

Marion County Housing Authority

503-798-4170; 2645 Portland Road NE Suite#200
www.housing.co.marion.or.us
Housing programs for low-income individuals and families in Marion County

City of Salem Housing Authority

503-588-6368; 360 Church Street SE
www.cityofsalem.net/sha
Housing programs for low-income individuals/families in Salem and Keizer

LEGAL

Catholic Charities Immigration Legal Services

503-542-2855; 2740 SE Powell Blvd #2 Portland, Oregon
Immigration legal service to low-income immigrants and refugees, Deferred Action for Childhood Arrivals (DACA)

Mano a Mano Family Center Colonia Libertad Apartments:

503-315-2290; 2921 Saddle Club Street Suite #1009
Free consultation with attorneys, low-income, migrant
Mon-Fri 1 pm - 6 pm

MEAL SITES

ARCHES 1164 Madison Sack lunches

HOME/Drop-In 625 Union St; Lunch Noon-1 pm, Dinner 4:30—6:30 pm

Jason Lee Church 820 Jefferson St NE; Sundays 1:30-2:30 pm

St. Edwards 5303 River Rd N; Sundays 3:00-4:00

South Salem Friends 1140 Baxter Rd S; Tues 5:30-7:00 pm

SHELTERS

ARCHES Drop-In Day Center

1164 Madison St NE Salem

Sack lunches, laundry, showers, telephone access, hygiene products

Northwest Human Services HOAP Drop-In

694 Church St NE Salem

Lunch, showers, laundry, telephone access, crisis intervention, mental health support for homeless individuals 18+.

Catholic Community Safe Families for Children

503-580-4672; 3737 Portland Rd NE.

www.safe-families.org

Respite care in host homes for children whose family is experiencing crisis. No restriction of parental rights and contact with children is encouraged

Mon-Fri 9 am-5 pm

MWVCAA HOME Youth/Resource Drop-In Center

503-391-6428; 625 Union Street NE Salem

Day shelter for youth ages 11-17, 18 if still in school or GED program, meals, clothing, laundry facilities, showers and referrals. Mon-Fri Noon—7 pm

NW Human Services HOST (Rosemary's Place)

503-588-5825; 1143 Liberty Street NE

www.northwesthumanservices.org/HOST.html

Overnight emergency shelter for ages 11-24, drop-in center, crisis intervention, family reunification

NW Human Services Transition Living Program

503-588-5825, 503-361-0380; 1143 Liberty Street NE

www.northwesthumanservices.org/HOAP.html

Housing program for youth 18-24 who are unable to unite with family and have no other housing options. Focus on life skills, job readiness and completion of education

Center for Hope and Safety

503-399-7722 hotline/503-378-1572 main office

795 Winter St NE; www.hopeandsafety.org

Emergency shelter for domestic violence victims, advocacy, education

Church at the Park

971-375-7491; 2410 Turner Rd SE; Mon-Fri 9 am- 4 pm

Food boxes, meals, laundry, clothing, mail, case management

SHELTERS CONT'D

Simonka Place

503-362-7487; 5119 River Rd Keizer; ugmsalem.org/services
Short term & transitional shelter for women ages 18+ and children

Union Gospel Mission

503-362-3983; 777 Commercial Street NE Salem; ugmsalem.org
Overnight shelter for homeless males ages 18+

Women at the Well Grace House

971-600-3627; 1324 Peace St SE Salem; gracehousesalem.org
Emergency and transitional shelter for homeless women ages 18+

Salvation Army

503-585-6688; 1901 Front Street
Emergency & transitional shelter for homeless men & women 18 & older

SOCIAL SERVICES

The ARCHES Project

503-399-9080; 1164 Madison St. NE
Referral information, housing programs, case manage., day shelter for homeless families & 18+

Crisis and Information Hotline Northwest Human Services

503-581-5535 OR 1-800-560-5535
Primary crisis line and suicide intervention

Department of Human Services, Self-sufficiency

Keizer: 503-373-0808; 3420 Cherry Ave. NE Suite # 110
North Salem: 503-378-2731; 4074 Winema Place Bldg. #53
South Salem: 503-378-6327; 1185 22nd Street SE

HOME Youth & Resource Center-Drop-In

503-391-6428; 625 Union St
Daytime drop-in and resource center for youth ages 11-17, 18 if in school, meals, food boxes

Mano a Mano

Northgate Community Center
503-363-1895; 3850 Portland Road NE
Educational classes, resources and support for families and youth

Mission Transition

503-576-4571; 2421 Lancaster Dr NE
Empowers young adults to accomplish their goals

Neighbor to Neighbor

503-585-0651; 945 Columbia St NE
Offers free mediation services to youth and families

211 Community Resource Network

Dial 211 or text your zip code to 898211 www.211info.org
Information on community resources and social services

RENTAL & UTILITY ASSISTANCE

Oregon Human Development Corporation

503-982-5100; 1585 N Pacific Hwy Ste S, Woodburn OR 97071

Rental Assistance

www.ohdc.org

Farmworker Housing Assistance Programs

www.ohdc.org/farmworker-housing-assistance.html

*serves farmworkers and their families

Oregon Emergency Rental Assistance Program (OERAP)

Assistance for households financially impacted by Covid-19

www.oregonrentalassistance.org

St. Vincent DePaul Society Emergency Services

503-364-5672; 3745 Portland Rd NE Ste 100

www.svdpsalem.org

Salvation Army Kroc Social Services (Marion County)

503-798-4860 (Shelter); 503-585-6688 (Family Services)

<http://salem.kroccenter.org/social-services.html>

Marion County Covid-19 Rent Relief Program

833-227-5161; Utility and deposit rental assistance

uwrentassist@unitedwaymwv.org

www.co.marion.or.us/RentalAssistance

Salem Electric Member Assistance Program

503-362-3601; 633 7th Street NW

www.salemelectric.com/programs-services