



Community Resource Guide

2630 Market Street NE | Salem, OR 97301

www.hopepregnancyclinic.org

503-364-2464



@hopepregnancyclinic

ABUSE SUPPORT

Center for Hope and Safety

503-399-7722 hotline/503-378-1572 main office
605 Center St NE, Salem; www.hopeandsafety.org

Liberty House

503-540-0288; 2685 45th St NE, Salem
www.libertyhousecenter.org

ALCOHOL AND DRUG

Ala teen/AI- non

503-399-0599, 503.899.2652; www.aa-salem.com
(information line, they will call you back)

Bridgeway

503-363-2021; 750 Front St NE, Salem; www.bridgewayrecovery.com
Adolescent assessment, one/both parents MUST attend

Ideal Option

877-522-1275; 863 Liberty St NE, Salem
www.idealoption.com/suboxone-clinics/salem
Outpatient addiction medicine clinic, evidence-based treatment

Moms Program

503-371-7701; 2995 Ryan Drive SE, Salem; PeerPrograms@mvipa.org
Peer Mentor Program, provides support and resources for pregnant women who struggle with substance use disorders in Marion/Polk Co.

Marion County Health Department (MCHHS)

503-576-4660; 2045 Silverton Rd NE Suite A, Salem
www.co.marion.or.us/HLT/Pages/AandD.aspx
Adult treatment, medication assisted treatment, mentor services

Pacific Northwest Adult & Teen Challenge

877-302-7149 Intake hotline

Soaring Heights Recovery Homes

971-719-4963 call or text; eric@soaringheights.life
www.soaringheightsrecoverhomes.com

ALCOHOL AND DRUG

The Most Excellent Way

503-588-0403

Salem Heights Church Mondays 7 pm; 375 Madrona Ave S.

West Salem Baptist Church Tuesdays 7 pm; 1373 8th St NW

Addiction recovery support

24/7 Addiction Hotline

503-388-6477; www.addictions.com/rehabs/oregon/salem

Need help choosing the best rehab center in your area?

BABY/FAMILY

Birth Right of Salem

503-585-2273; 1880 Lancaster Dr NE, Suite #124, Salem

www.birthrightofsalem.org

Diapers, maternity and baby clothing, free preg. test.

Childcare Resource and Referral

503-585-2491; 2475 Center St NE, Salem

www.mwvcaa.org/programs/ccrr/

Childcare resources for Marion, Polk and Yamhill counties

Family Building Blocks

503-566-2132; 2425 Lancaster Dr NE, Salem

www.familybuildingblocks.org

For families with children 6 weeks-5 years old, respite care, early childhood education, clothes, food pantry, and family support

Family Connects Oregon (Marion/Polk County)

503-967-1188 or 503-373-3781

www.parentinghub.org or familyconnectsoregon.org

Marion County WIC program

503-588-5057; 3180 Center Street NE Suite #1360, Salem

www.co.marion.or.us/HLT/PH/WIC

Women, Infants and Children Nutrition Program

BABY/FAMILY CONT'D

Marion County - MCHHS Early Childhood Nursing

503-373-3781; 3180 Center St. NE, Suite 1360, Salem

Free home visiting for parenting, pregnancy, nutrition, safety, child development

Michael the Archangel

503-581-2229; 1725 Capitol Street NE, Salem; www.mtasalem.org

Support services for mother and child, diapers, formula, baby food, free pregnancy tests

St. Germaine

503-363-2525; 3855 Wolverine St NE Suite A2, Salem

www.stgermaines.org; Diapers and baby needs, clothes, counseling and pregnancy support, free pregnancy tests

Options Pregnancy Center

541-924-0160; 1800 16th Ave SE, Albany, OR 97322

www.optionsprc.org

EDUCATION

Roberts High School

503-399-5550; 3620 State Street SE, Salem

Alternative Education to complete high school diploma, provides smaller learning environment, behavioral support, academic recovery

Roberts Downtown Learning CTR (DTLC)

503-399-3421; 360 Commercial St NE, Salem

Support & services to earn a GED for students ages 16-21

Roberts High School at Chemeketa

503-399-3247; 4071 Winema Place NE Bldg #50 & 51, Salem

Smaller learning environment for teen parent/pregnancy. Structured classes offered during the day & evening to complete HS diploma.

EDUCATION CONT'D

Chemeketa GED

503-399-5224; 4000 Lancaster Dr NE, Salem
GED preparation classes. Must be at least 18 years old

Chemeketa High School Equivalency Program

503-589-7725; Program to assist migrant youth obtain GED certificate

Students in Transition Educational Program

503-391-4060; 1309 Ferry St SE, Salem
Assists homeless youth with school attendance, transportation, supplies, educational advocacy.

FOOD/CLOTHING

Helping Hands

503-364-9936; 1755 13th St SE, Salem
Free clothing, diapers, bus passes, financial assistance, employment/interview clothes by appt.

HOME Youth and Resource Center

503-391-6428; 1255 Broadway St NE, Salem
Lunch, dinner, food pantry, clothes.

Oregon Food Bank

foodfinder.oregonfoodbank.org

Salem Adventist Community Service

503-363-8893; 1860 summer St NE, Salem
Free clothing, diapers, food boxes and household items.

Salvation Army

503-585-6688; 1977 Front St NE, Salem
Emergency food boxes, financial assist for rent & utilities.

FOOD/CLOTHING CONT'D

Family Life Church

503-364-0002; 1675 Wallace Road
Wednesdays, 8:30 am to noon

St. Vincent de Paul

503-364-5672; 3745 Portland Rd NE; svdpsalem.org
Food boxes, rent and utility assistance (last \$50), limited clothing & furniture, sack lunches.

HOUSING

The ARCHES Project

503-399-9080; 615 Commercial ST NE, Salem; www.mwvcaa.org
Support services, case management, housing and rental assistance, tenant education for homeless individual and families

Catholic Community Center Court Commons

(503) 362-2225; 2933 Center St, Salem
Supportive apartment housing - help youth ages 16-23 gain life skills and transition toward independence. Priority for youth aged out of foster care

Catholic Community Father Taafe Homes

503-393-2843 main office; 3737 Portland Rd NE Salem
13-20 year old pregnant or parenting youth.

City of Salem HUD Apartments

503-588-6368; Call for information, subsidized apartments

Marion County Housing Authority

503-798-4170; 2645 Portland Road NE Suite#200, Salem
www.housing.co.marion.or.us
Housing programs for low-income individuals/families Marion County

City of Salem Housing Authority

503-588-6368; 360 Church St SE, Salem; www.cityofsalem.net/sha
Housing programs for low-income individuals/families in Salem and Keizer.

LEGAL

Catholic Charities Immigration Legal Services

503-542-2855; 2740 SE Powell Blvd #2 Portland, Oregon
Immigration legal service to low-income immigrants and refugees,
Deferred Action for Childhood Arrivals (DACA)

Mano a Mano Family Center Colonia Libertad Apartments:

503-315-2290; 2921 Saddle Club Street Suite #1009, Salem
Free consultation with attorneys, low-income, migrant
Mon-Fri, 1 pm - 6 pm

MEAL SITES

ARCHES 615 Commercial St NE, Salem; Sack lunches

HOME/Drop-In 1255 Broadway NE #110, Salem

Lunch Noon-1 pm, Dinner 4:30 - 6:30 pm

Jason Lee Church 820 Jefferson St NE, Salem; Sundays 1:30-2:30 pm

South Salem Friends 1140 Baxter Rd S, Salem; Tues 5:30 - 7:00 pm

SHELTERS

ARCHES Drop-In Day Center

615 Commercial St NE, Salem

Sack lunches, laundry, showers, telephone access, hygiene products

Catholic Community Safe Families for Children

503-580-4672; 3737 Portland Rd NE, Salem; Mon-Fri, 9 am-5 pm

www.safe-families.org

Respite care in host homes for children whose family is experiencing crisis. No restriction of parental rights and contact with children is encouraged

MWCAA HOME Youth/Resource Drop-In Center

503-585-6232; 2475 Center St, Salem; Mon-Fri, 12 - 7 pm

Day shelter for youth ages 11-17, 18 if still in school or GED program, meals, clothing, laundry facilities, showers and referrals.

Northwest (NW) Human Services

HOST - Health, Outreach, Shelter, Transitions

503-588-5825; 1143 Liberty Street NE, Salem

www.northwesthumanservices.org/HOST.html

Provides support, guidance, and shelter for transitional aged young adults ages 18–24 who are at-risk or facing homelessness.

HOAP - Homeless Outreach and Advocacy Project

503-588-5827; 694 Church St NE, Salem

www.northwesthumanservices.org/HOAP.html

HOAP's Day Center provides a hand up by giving homeless individuals the resources, support and skills they need to transition to stable and healthier lifestyles.

SHELTERS CONT'D

Center for Hope and Safety

503-399-7722 hotline/503-378-1572 main office

605 Center St NE, Salem; www.hopeandsafety.org

Emergency shelter for domestic violence victims, advocacy, education

Church at the Park

971-375-7491; 2410 Turner Rd SE, Salem; Mon-Fri 9 am - 4 pm

Food boxes, meals, laundry, clothing, mail, case management

Simonka Place

503-362-7487; 5119 River Rd Keizer; ugmsalem.org/services

Short term & transitional shelter for women ages 18+ and children

Union Gospel Mission

503-362-3983; 777 Commercial Street NE Salem; ugmsalem.org

Overnight shelter for homeless males ages 18+

Women at the Well Grace House

971-600-3627; 1243 Peace St SE, Salem; gracehousesalem.org

Emergency and transitional shelter for homeless women ages 18+

Salvation Army

503-585-6688; 1977 Front Street NE, Salem

Emergency & transitional shelter for homeless men & women 18 +

RENTAL AND UTILITY ASSISTANCE

Oregon Human Development Corporation

503-982-5100; 1585 N Pacific Hwy Ste S, Woodburn OR 97071

Rental Assistance

www.ohdc.org

Farmworker Housing Assistance Programs; 503-245-2600

www.ohdc.org/farmworker-housing-assistance.html

*serves farmworkers and their families

Oregon Emergency Rental Assistance Program (OERAP)

Assistance for households financially impacted by Covid-19

www.oregonrentalassistance.org

St. Vincent DePaul Society Emergency Services

503-364-3210; 3745 Portland Rd NE Ste 100, Salem

www.svdpsalem.org

Salvation Army Kroc Social Services (Marion County)

503-585-6688

<http://salem.kroccenter.org/social-services.html>

Marion County Covid-19 Rent Relief Program

833-227-5161; Utility and deposit rental assistance

uwrentassist@unitedwaymwv.org

www.co.marion.or.us/RentalAssistance

Salem Electric Member Assistance Program

503-362-3601; 633 7th Street NW, Salem

www.salemelectric.com/programs-services

SOCIAL SERVICES

The ARCHES Project

503-399-9080; 615 Commercial St NE, Salem
Referral information, housing programs, case manage., day shelter for homeless families & 18+

Crisis and Information Hotline Northwest Human Services

503-581-5535 OR 1-800-560-5535
Primary crisis line and suicide intervention

Department of Human Services, Self-sufficiency

Keizer: 503-373-0808; 3420 Cherry Ave. NE Suite # 110
North Salem: 503-378-2731; 4074 Winema Place Bldg. #53
South Salem: 503-378-6327; 1185 22nd Street SE

Mano a Mano

Northgate Community Center
503-363-1895; 3850 Portland Road NE, Salem
Educational classes, resources and support for families and youth

Neighbor to Neighbor Mediation

503-585-0651; 347 Union St NE, Salem; <https://n2nmediation.org>
Offers free mediation services to youth and families

211 Community Resource Network

Dial 211 or text your zip code to 898211 www.211info.org
Information on community resources and social services

EMERGENCY ASSISTANCE (CRISIS)

NW Human Services Crisis and Information 24/7 Hotline

503-581-5535; 1073 Oak St SE, Salem

Mid Valley Women's Crisis Hotline

1-866-399-7722; 503-399-7722

Human Trafficking 27/7 Hotline

1-888-373-7888 or text BE FREE (233733)

National Runaway 24/7 Safeline

1-800-RUNAWAY; 24 hour crisis hotline and free transportation home

Youth America 24/7 Hotline

1-877-968-8454; Teens helping teens, 24 hour hotline